

John Downs
SVP | Certified Mortgage Planner, Vellum Mortgage
NMLS #476406
115 West St., Suite 201 Annapolis, MD 21401

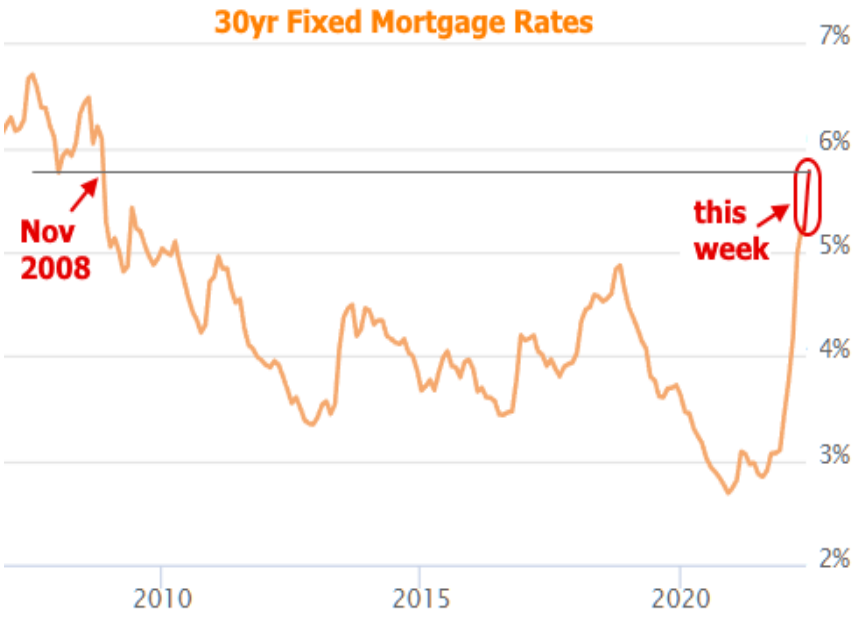
Office: 202-899-2603
jdowns@vellummortgage.com
View My Website

2022 is Already The Worst Year For Rates Since 1979

2022 has already had its fair share of bad news for mortgage rates, but this week was not to be outdone. It began as just another reasonably bad week with rates moving moderately higher, but still safely under the recent 13 year high seen on the morning of May 9th. But it ended with one of the worst days on record in more than a decade.

Sound a little dramatic? Sadly, it was. The average lender increased 30yr fixed rates by at least a quarter of a point (0.25%). That's only happened 4 other times since our daily record keeping began in 2009, and 3 of those were during the once-in-a-lifetime volatility that followed the onset of the pandemic. That made this the 4th worst week since 2009 as well.

When the smoke cleared, the average conforming 30yr fixed rate was as high as it's been since November 2008.



If that line looks a little steep recently, that's because with barely half of it in the books, 2022 has been **the worst year for rates since 1979**.

National Average Mortgage Rates



Mortgage News Daily	Rate	Change	Points
30YR Fixed	7.45%	-0.01	0.00
15YR Fixed	6.99%	+0.01	0.00
30YR FHA	7.05%	+0.01	0.00
30YR Jumbo	7.50%	0.00	0.00
7/6 SOFR	7.00%	-0.07	0.00
30YR VA	7.07%	+0.01	0.00

Rates as of: 11/19

MBS and Treasury

	Price / Yield	Change
MBS UMBS 6.0	99.36	+0.26
10 YR Treasury	4.9853	-0.0583
30 YR Treasury	5.3665	-0.0397

Pricing as of: 11/20 9:20AM EST

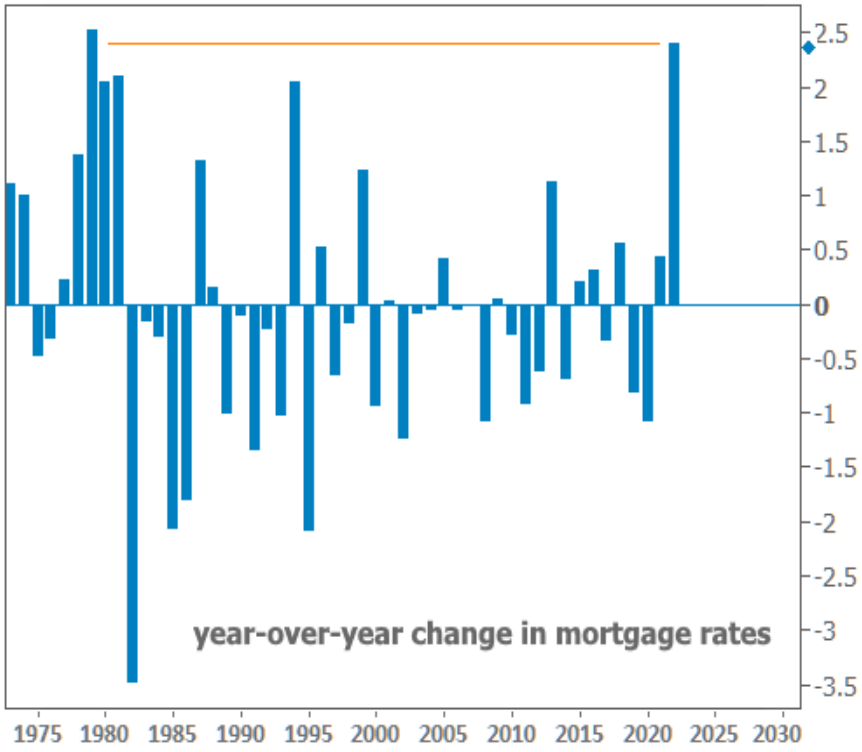
Recent Housing Data

		Value	Change
Mortgage Apps	Nov 4	204.6	+6.23%
Building Permits	Sep	1.4M	+0.43%
Housing Starts	Sep	1.22M	-4.24%
New Home Sales	Sep	676K	-1.17%
Pending Home Sales	Aug	71.2	0%
Existing Home Sales	Oct	3.99M	+0.25%
Builder Confidence	Oct	29	-9.38%

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/downsgroup



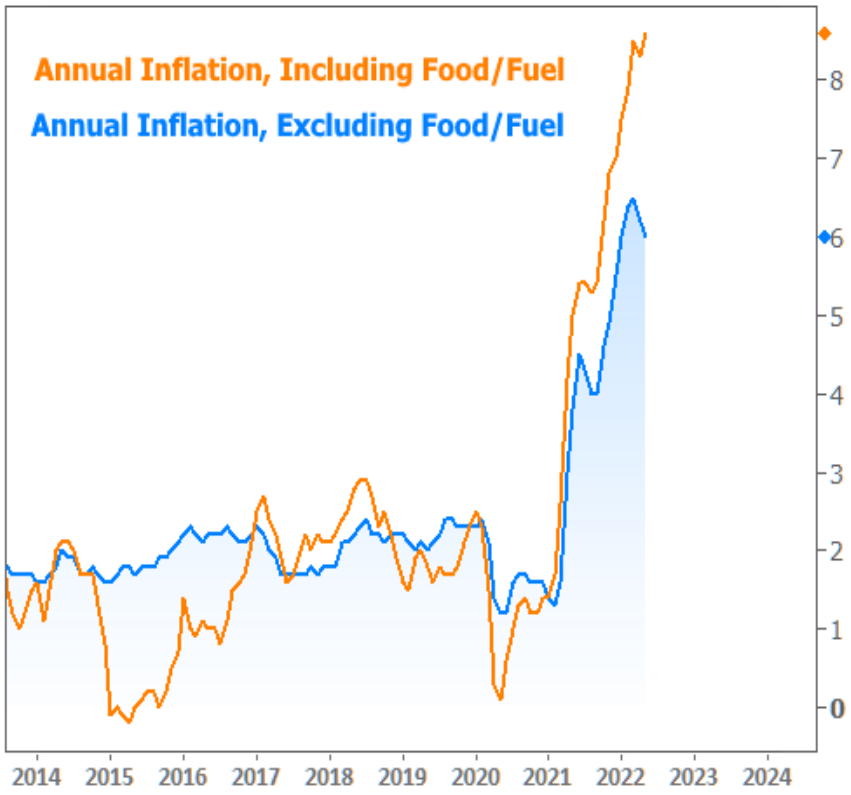
Whether we're talking about the short term drama on Friday or the bigger picture rout in 2022, the culprit is the same: **inflation**.

There are many ways to measure it, but if markets could only choose one inflation report to rule them all, it would be the monthly Consumer Price Index (CPI). The following chart shows overall CPI (including food/fuel) and "core" CPI which excludes food and fuel:

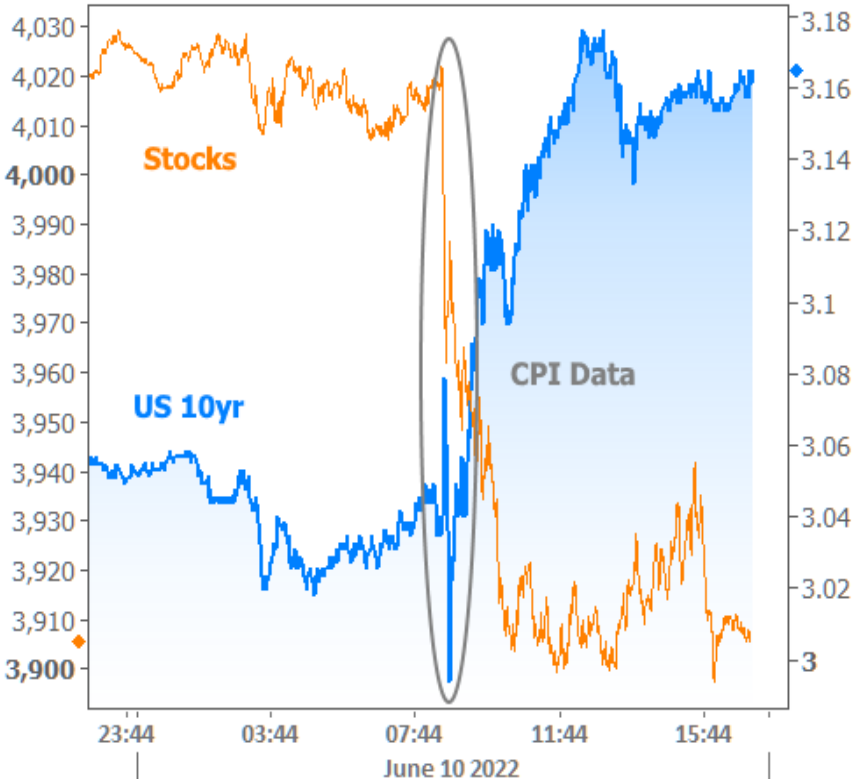
© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/downsgroup



Both the headline and core CPI readings were higher than markets were expecting. Neither stocks nor bonds enjoyed the news.

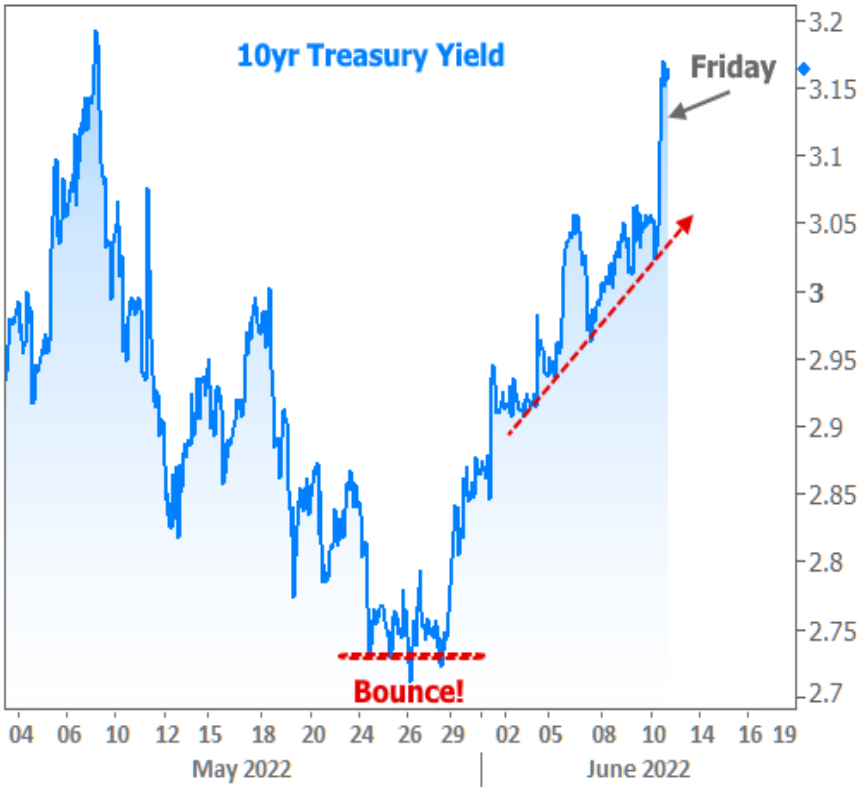


© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/downsgroup

One of the reasons markets were so affected is the recent buzz about inflation showing signs that it might be leveling off. That buzz was responsible for rates having several solid weeks in May (inflation is a key driver of interest rates). But after European inflation **set a record on May 31st**, rates changed course abruptly. The trend was actually fairly linear over the past 2 weeks before Friday took things to the next level. (NOTE: the 10yr Treasury yield is a preferred benchmark for longer-term rates, in general).

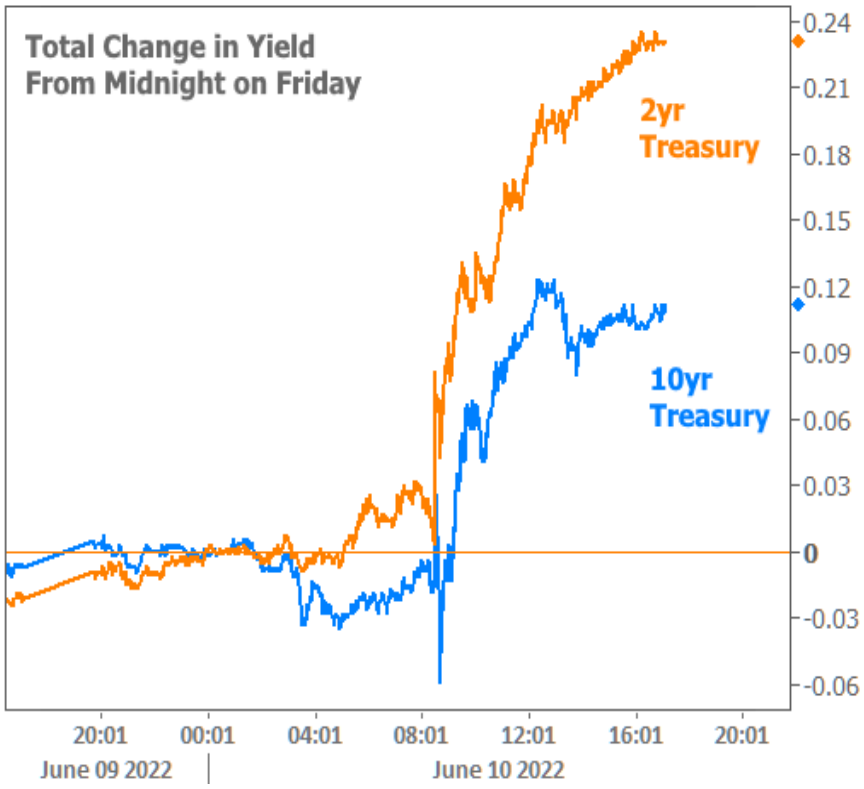


Other rates had it even worse than the 10yr.

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/downsgroup



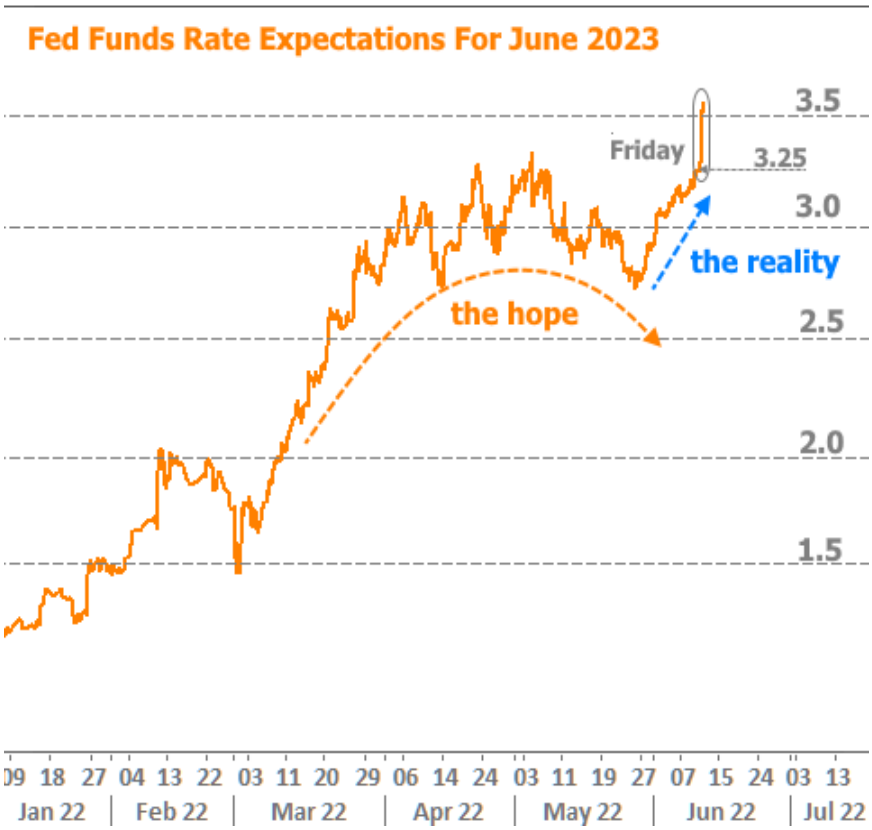
Why would 2yr Treasuries take the news harder than the 10yr? It's simple enough: the most basic rate in all the land is the Fed Funds Rate set by the Federal Reserve. It applies to the shortest-term loans with time frames less than one day. Because a 2yr Treasury is much closer to the Fed Funds Rate than the 10yr Treasury, 2s feel it more when Fed Funds Rate expectations change. And change they did!

There are actually financial contracts that track the market's expectation for the Fed Funds Rate (Fed Funds Futures, to be exact). Like other rates, they began to level off in May as hopes swelled that inflation was falling into line. Like other rates, they began to move back up in June. But Friday saw some of the **biggest** single-day movement in Fed Funds Futures with an entire quarter of point change in a matter of hours.

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/downsgroup

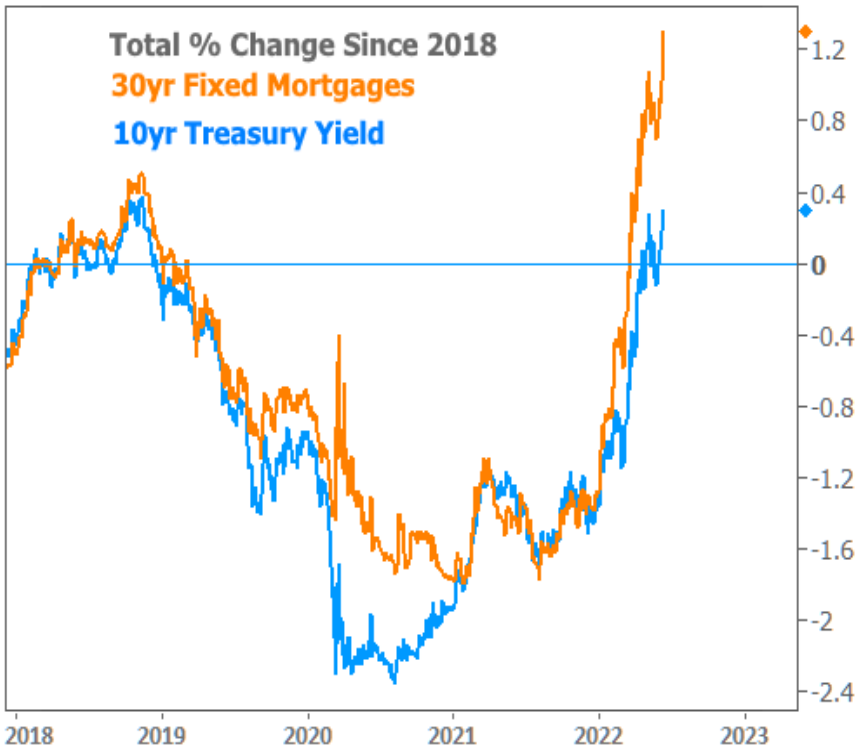


Incidentally, mortgages have inherently shorter average life spans than 10 years (even though 30yr mortgages may be common, people tend to sell or refi long before the 30 years are up). Life span expectations for mortgages are **especially short** right now because we expect to see rates move down enough to motivate refinance demand at some point in the next few years. As such, mortgage rates are behaving like bonds that are also closer to the Fed Funds Rate than 10yr Treasuries. Combine that with a generally less friendly stance from the Fed on its mortgage holdings and the underperformance of the mortgage market has been quite pronounced in 2022.

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/downsgroup



Even after all of the rationalization above there was **still** something a bit **too** abrupt about Friday. We need one more x-factor to help explain why things got so out of hand. That x-factor is easily found in next week's event calendar. The Fed will be out at 2pm ET on Wednesday afternoon with its latest policy announcement.

This **doesn't** mean the Fed is more likely to hike rates any higher than previously expected. Rather, markets are interested to see what the Fed has to say about the future path of rate hikes. Wednesday's meeting is in a strong position to comment on the forward outlook because it is one of the 4 meetings per year where the Fed also releases updates economic projections. These include the popular "dot plot" which the Fed uses to visually represent where each Fed member expects to see the Fed Funds Rate in the next few years.

While the Fed has repeatedly told the market **not** to read too much into "the dots," the market **never** listens. With CPI coming in hot this week, markets can't help but imagine some of those dots are going to drift higher than they otherwise would have. In that sense, Friday was merely the market's way of getting in position for Wednesday's potentially bad news. Mortgage rates were one of many casualties, but they did take extra damage because the Fed is considering selling some of its mortgage holdings at some point. While they have promised that's a ways off AND that they'd give ample warning, big surges in inflation could move that warning higher on the Fed's to-do list.

So is there any hope? Yes, in fact, there's quite a lot of hope! This month's CPI was rotten, but inflation is definitely taking a toll on the "demand" side of the economy now. Rates have also risen so quickly that there's a case to be made for a corrective momentum building up. All that would be necessary to release that momentum would be for inflation to actually find its footing. Perhaps it was just a month or two too soon for the data to confirm such things, but as soon as it happens, rate momentum will only have 2 options: **sideways and lower**.

Subscribe to my newsletter online at: http://housingnewsletters.com/downsgroup

Recent Economic Data

Event Importance:

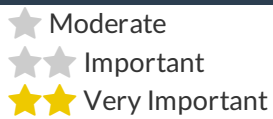
No Stars = Insignificant
☆ Low

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/downsgroup

Date	Event	Actual	Forecast	Prior
Wednesday, Jun 08				
7:00AM	w/e MBA Purchase Index	208.2		224.1
7:00AM	w/e MBA Refi Index	709.5		751.6
Thursday, Jun 09				
7:45AM	ECB Statement (Press Conf. 830am)			
8:30AM	w/e Jobless Claims (k)	229	210	200
Friday, Jun 10				
8:30AM	May Consumer Price Index (CPI) (%)	1.0	0.7	0.3
8:30AM	May Core CPI (Annual) (%)	6.0	5.9	6.2
8:30AM	May Core CPI, Monthly (%)	0.6	0.5	0.6
8:30AM	May CPI (annual) (%)	8.6	8.3	8.3
10:00AM	Jun 5yr Inflation Outlook (%)	3.3		3.0
10:00AM	Jun 1yr Inflation Outlook (%)	5.4		5.3
10:00AM	Jun Consumer Sentiment	50.2	58.0	58.4
Tuesday, Jun 14				
8:30AM	May Producer Prices (%)	0.8	0.8	0.5
8:30AM	May Core Producer Prices YY (%)	8.3	8.6	8.8
Wednesday, Jun 15				
7:00AM	w/e MBA Purchase Index	225.0		208.2
7:00AM	w/e MBA Refi Index	735.5		709.5
8:30AM	May Import prices mm (%)	0.6	1.1	0.0
8:30AM	May Retail Sales (%)	-0.3	0.2	0.9
8:30AM	Jun NY Fed Manufacturing	-1.2	3.00	-11.60
10:00AM	Jun NAHB housing market indx	67	68	69
10:00AM	Apr Business Inventories (%)	1.2	1.2	2.0
2:00PM	N/A FOMC rate decision (%)	1.50 - 1.75	1.375	0.875
Thursday, Jun 16				
7:00AM	Bank of England Announcement			
8:30AM	May House starts mm: change (%)	-14.4		-0.2
8:30AM	May Building permits: number (ml)	1.695	1.785	1.823
8:30AM	Jun Philly Fed Business Index	-3.3	5.5	2.6
8:30AM	May Housing starts number mm (ml)	1.549	1.701	1.724
8:30AM	May Build permits: change mm (%)	-7.0		-3.0
Friday, Jun 17				
9:15AM	May Industrial Production (%)	0.2	0.4	1.1
10:00AM	May Leading index chg mm (%)	-0.4	-0.4	-0.3



© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/downsgroup