

Brian Cooke
President & CEO, World Home Loans
NMLS # 17866
300 Spectrum Center Drive Ste 400-476 Irvine, CA 92618

Office: 650-678-0283
Mobile: 650-678-0283
bcooke@worldhomeloans.com
View My Website

Fed Won't Move Its Rate, But Rates Could Still Move

In and of itself, this week wasn't too bad for mortgage rates. Things got a bit worse overall, but the change from last week was minimal with the average lender moving up 0.07% from last Friday. There's a decent cushion between current levels and the long-term highs last month. Even the late 2022 highs were a bit higher. That said, when you put it all on a long-term chart, things don't look great.



Mortgage rates are often compared to 10yr Treasury yields because the two tend to move in very similar fashion. The assessment of the 10yr is a bit less optimistic. Yields ended Friday at their 2nd highest closing level since 2007 and repeatedly pushed up against the 4.34% level during the day (4.336% to be fair).

National Average Mortgage Rates



	Rate	Change	Points
Mortgage News Daily			
30YR Fixed	7.22%	-0.08	0.00
15YR Fixed	6.85%	-0.06	0.00
30YR FHA	6.89%	-0.06	0.00
30YR Jumbo	7.40%	-0.05	0.00
7/6 SOFR	6.73%	+0.02	0.00
30YR VA	6.90%	-0.07	0.00

Rates as of: 11/4

MBS and Treasury

	Price / Yield	Change
MBS UMBS 6.0	100.17	-0.03
10 YR Treasury	4.8880	+0.0026
30 YR Treasury	5.2666	-0.0133

Pricing as of: 11/5 7:10AM EST

Recent Housing Data

		Value	Change
Mortgage Apps	Oct 21	195	+3.39%
Building Permits	Sep	1.4M	+0.43%
Housing Starts	Sep	1.22M	-4.24%
New Home Sales	Sep	676K	-1.17%
Pending Home Sales	Aug	71.2	0%
Existing Home Sales	Oct	3.99M	+0.25%
Builder Confidence	Oct	29	-9.38%

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/bcooke



4.34% is where the 10yr ended on August 21st. It remains the highest daily closing level since 2007 so repeated flirtation is important. When a bond yield (or any other financial market security, for that matter) exhibits this bouncy behavior around a previous extreme, it becomes known as a "technical level" by a large portion of the trading community.

Technical levels go by many names (key level, pivot point, inflection point, or simply "ceiling"). A technical level can be a ceiling if it acts like a ceiling, but it can be an inflection point if it is subsequently broken.

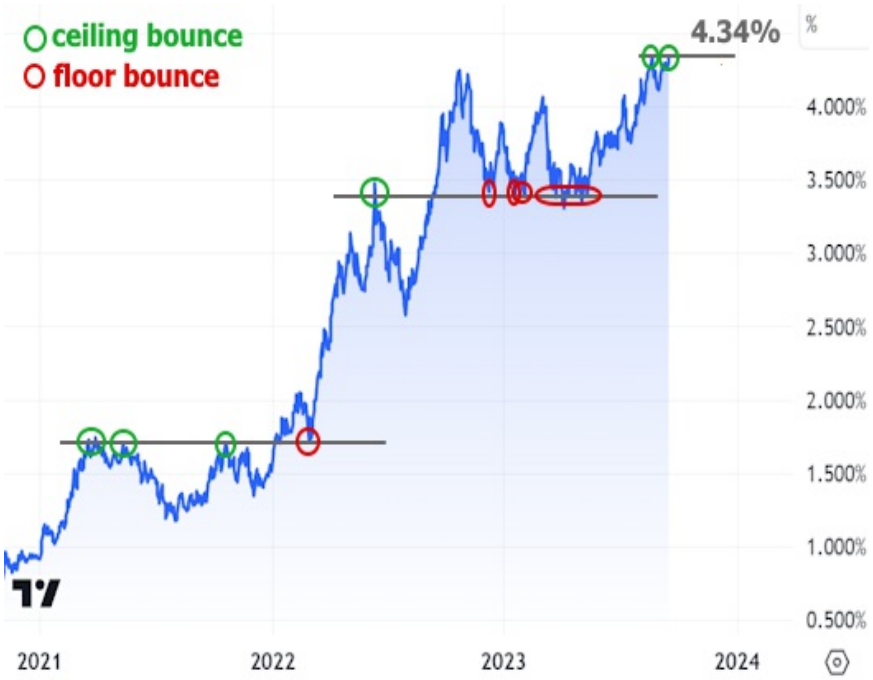
Some traders think they're quite important while others couldn't care less. But even the non-believers are at least aware that other traders are aware of obvious technical levels. Because of that, any big bounce or breakout involving such a level can receive a bit of extra momentum. And 9 times out of 10, a big motivation for 10yr yields is a similarly big motivation for mortgage rates.

4.34% stands a good chance of seeing a clear bounce or breakout surrounding next week's Fed announcement. That, in and of itself, may not matter too much. Yields often spend much more time flirting with floors and ceilings before making up their mind.

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/bcooke



The Fed doesn't directly control longer term rates like mortgages or the 10yr Treasury yield, but it does set the shortest term rate, thus providing an anchor for everything else.

The Fed is not expected to change its rate this time around, but even when the anchor holds steady, the Fed can say things that cause hope and fear about how the anchor might move in the future. In turn, this can cause movement in other rates--sometimes significant movement.

Despite the higher potential for volatility, the Fed's anchor moving game plan is ultimately dependent on economic developments. The motion of that ocean has rates feeling queasy recently as most of the data has come out stronger than expected.

Strong data is technically a good thing. A strong economy means plentiful jobs, income, and spending. But when the economy is too strong, and when that strength coincides with higher prices, the Fed steps in to raise short term rates in the hopes of making everything so expensive that people can't buy as much stuff, thus cooling the economy back down to a more sustainable pace of growth.

There is broad disagreement among market experts about whether the Fed has already done enough to accomplish this goal. Some think rates need to be cut immediately (won't happen). Others think the Fed needs to hike again at this meeting (won't happen). And most think the Fed will hold steady (will happen). What no one can truly know right now is how long the Fed needs to hold steady before doing something else. Nonetheless, several reporters will likely ask different versions of that question to Fed Chair Powell in the press conference that follows Wednesday's announcement.

In addition to--and perhaps more important than--the announcement or the press conference, the Fed also releases its quarterly update on economic forecasts. This includes the famous "dot plot" that shows where each Fed member views the Fed Funds Rate at various points in the coming year. Even though Powell frequently downplays the significance of the proverbial "dots," markets nonetheless view them as a veritable navigational chart for future anchor movement. At the very least, it lets traders know how the Fed's assessment is evolving in light of new economic data.

Subscribe to my newsletter online at: http://housingnewsletters.com/bcooke

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/bcooke

Recent Economic Data

Date	Event	Actual	Forecast	Prior
Tuesday, Sep 12				
6:00AM	Aug NFIB Business Optimism Index	91.3	91.6	91.9
Wednesday, Sep 13				
7:00AM	Sep/08 MBA Refi Index	367		388.1
7:00AM	Sep/08 MBA Purchase Index	143.7		141.9
8:30AM	Aug m/m CORE CPI (%)	0.3%	0.2%	0.2%
8:30AM	Aug m/m Headline CPI (%)	0.6%	0.6%	0.2%
8:30AM	Aug y/y CORE CPI (%)	4.3%	4.3%	4.7%
8:30AM	Aug y/y Headline CPI (%)	3.7%	3.6%	3.2%
Thursday, Sep 14				
8:30AM	Aug Core Producer Prices MM (%)	0.2%	0.2%	0.3%
8:30AM	Aug Core Producer Prices YY (%)	2.2%	2.2%	2.4%
8:30AM	Aug Retail Sales (%)	0.6%	0.2%	0.7%
8:30AM	Sep/09 Jobless Claims (k)	220K	225K	216K
10:00AM	Jul Business Inventories (%)	0%	0.1%	0%
Friday, Sep 15				
8:30AM	Aug Import prices mm (%)	0.5%	0.3%	0.4%
8:30AM	Sep NY Fed Manufacturing	1.9	-10	-19
9:15AM	Aug Industrial Production (%)	0.4%	0.1%	1%
10:00AM	Sep Consumer Sentiment (ip)	67.7	69.1	69.5
10:00AM	Sep Sentiment: 1y Inflation (%)	3.1%		3.5%
10:00AM	Sep Sentiment: 5y Inflation (%)	2.7%		3%
Monday, Sep 18				
10:00AM	Sep NAHB housing market indx	45	50	50
Tuesday, Sep 19				
8:30AM	Aug Housing starts number mm (ml)	1.283M	1.44M	1.452M
8:30AM	Aug Building permits: number (ml)	1.543M	1.443M	1.443M
Wednesday, Sep 20				
7:00AM	Sep/15 MBA Refi Index	415.4		367
7:00AM	Sep/15 MBA Purchase Index	147		143.7
2:00PM	Fed Interest Rate Decision	5.5%	5.5%	5.5%
2:00PM	FOMC Economic Projections			
2:30PM	Fed Press Conference			
Thursday, Sep 21				
8:30AM	Sep/16 Jobless Claims (k)	201K	225K	220K
8:30AM	Sep Philly Fed Business Index	-13.5	-0.7	12
10:00AM	Aug Exist. home sales % chg (%)	-0.7%		-2.2%

Event Importance:

No Stars = Insignificant
☆ Low
★ Moderate
★★ Important
★★ Very Important

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/bcooke

Date	Event	Actual	Forecast	Prior
10:00AM	Aug Existing home sales (ml)	4.04M	4.1M	4.07M
Friday, Sep 22				
9:45AM	Sep S&P Global Services PMI	50.2	50.6	50.5

About Me

I'm the Founder & CEO of World Home Loans, a mission-driven mortgage brokerage built with one purpose: to give consumers, especially Veterans, the respect, speed, and savings they deserve when financing a home.

Over the past 2 years, I've personally closed over 600 VA purchase loans and personally funded more than $375M in the past 12 months. Along the way, I learned that America's Veterans are too often underserved by big-box lenders—facing higher rates, slower closings, and a lack of genuine care. That's why I built World Home Loans.

Our Mission:
• To serve our Veterans by offering ultra-low mortgage rates and closing costs.
• To empower Veterans with the knowledge and resources needed to make informed home financing decisions.
• To stand against and eliminate the widespread overcharging of Veterans that has persisted in the mortgage industry for decades.

At World Home Loans, we back this mission with execution:
Faster closings (our average is 18 days)
Better pricing (consistently beating national averages)
White-glove experience that earns 5-star reviews at scale
A platform where top producers can 2–3X their volume through efficiency, brand power, and unmatched VA expertise.

With "Victory on the Home Front" as our rallying cry, World Home Loans is on course to become the dominant VA-focused lender in the country.

Alongside building WHL, I'm writing my book The Efficient Closer: Building a Mortgage Empire with Precision and Purpose—a playbook for originators who want to scale with speed, systems, and execution.

Brian Cooke 

© 2026 MBS Live, LLC. - This newsletter is a service of MarketNewsletters.com.

The interest rates provided in this newsletter are national averages from independent data sources. Rate/APR terms may differ from those listed above based on the creditworthiness of the borrower. All information provided "as is" for informational purposes only, not intended for trading purposes or financial advice.

Read or subscribe to my newsletter online at: http://housingnewsletters.com/bcooke