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# How Multi-Decade Highs Are Changing The Way Mortgage Rates Are Quoted

At this point "high rates" are old news. We were already close to hitting the highest levels in more than 20 years last week, so it wasn't a huge surprise to achieve that dubious distinction this Thursday. Some sources see the record-breaking rate at 7.09% for a 30yr fixed while others are over 7.5%. Both are accurate and we'll explain why.

To understand why, we first need to remember that a mortgage rate quote is not as simple as the rate itself. The rate that almost everyone refers to (officially the "note rate") is only part of the equation. While the note rate dictates the amount of interest paid with each mortgage payment, it doesn't account for all the interest the average borrower pays.

For instance, several of the closing costs seen on almost every mortgage are considered "prepaid finance charges." Essentially, that's just interest paid upfront.

But what if the mortgage in question has "lender paid closing costs." Or what if a builder offers a closing cost credit? You've heard that there's no such thing as a free lunch and the same is true here. Whether it's coming out of your pocket, or from the lender, the same amount of money will be paid to the same parties.

So what's the difference then? Wouldn't it always be better to get those upfront costs paid by someone else? The catch here is that the money that a lender can pay toward your closing costs is determined by your interest rate. The higher your rate, the more of your upfront costs a lender could pay. This is the first key reason that a rate of 7.09% could be the same as a rate of 7.5% if one of them includes upfront costs and the other one doesn't.

The following chart shows 30yr fixed rate indices from various sources. All three agree that this week's rates broke the long term ceiling despite all being at slightly different outright levels.

## National Average Mortgage Rates




| Mortgage News Daily | Rate | Change | Points |
|---|---|---|---|
| 30YR Fixed | 7.22% | -0.08 | 0.00 |
| 15YR Fixed | 6.85% | -0.06 | 0.00 |
| 30YR FHA | 6.89% | -0.06 | 0.00 |
| 30YR Jumbo | 7.40% | -0.05 | 0.00 |
| 7/6 SOFR | 6.73% | +0.02 | 0.00 |
| 30YR VA | 6.90% | -0.07 | 0.00 |

Rates as of: 11/4

## MBS and Treasury

| | Price / Yield | Change |
|---|---|---|
| MBS UMBS 6.0 | 100.16 | -0.04 |
| 10 YR Treasury | 4.8895 | +0.0041 |
| 30 YR Treasury | 5.2687 | -0.0112 |

Pricing as of: 11/5 7:09AM EST

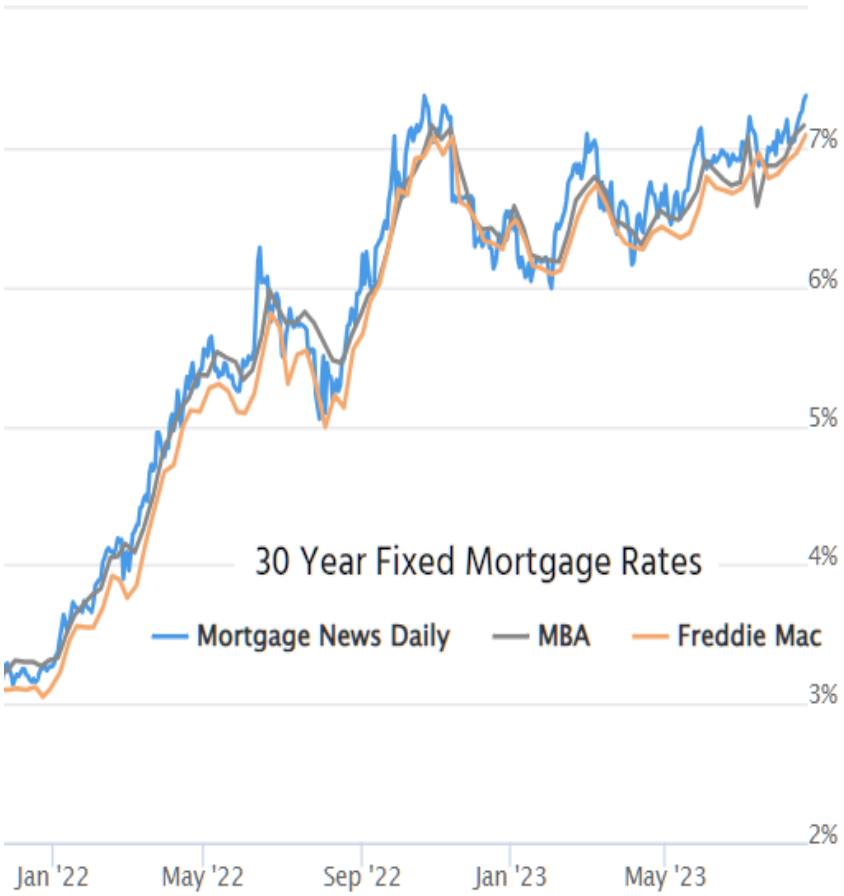
## Recent Housing Data

| | | Value | Change |
|---|---|---|---|
| Mortgage Apps | Oct 21 | 195 | +3.39% |
| Building Permits | Sep | 1.4M | +0.43% |
| Housing Starts | Sep | 1.22M | -4.24% |
| New Home Sales | Sep | 676K | -1.17% |
| Pending Home Sales | Aug | 71.2 | 0% |
| Existing Home Sales | Oct | 3.99M | +0.25% |
| Builder Confidence | Oct | 29 | -9.38% |

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That brings us to the topic of how higher rates are changing mortgage quotes. In a stable rate environment, there is a fairly linear trade-off between higher rates and a lender's ability to pay more of your upfront costs. The current environment isn't exactly stable. In fact, over the past few years, there have been times when a higher note rate would actually **DECREASE** the amount of upfront costs a lender could pay.

**WARNING**: The following is fairly technical, but it will explain why a higher mortgage rate could be worth less to a mortgage lender.

Whether a mortgage lender sells your loan or not, the loan still has a value that it could be sold for. In general, a higher interest rate makes a loan worth more because more interest will be collected over time. Because of this, a hypothetical $400k loan at 7.5% could be worth about $5000 more than the same loan at 7.0%.

As outlined above, that means a lender could pay $5000 of your upfront costs at 7.5%, or they could offer you a rate of 7.0% if you pay your own $5000 in upfront costs. Some individual lenders have restrictions as to what they're able to do with these options, but this is the general phenomenon that exists in the secondary mortgage market where mortgage rates are determined.

One key assumption behind a 7.5% rate being more valuable is that the mortgage has to last long enough for the extra interest to be collected. Otherwise, the lender (or whoever buys the loan from the lender) is coughing up money they won't recoup. An extreme but simple example would be the same scenario above where a lender pays $5000 for a 7.5% mortgage, but then rates magically fall to 6.5% two weeks later and you refinance. The lender no longer collects the extra interest and they are out their $5k.

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While it was a bit of a bigger issue when rates were initially surging toward long-term highs, it's still the case that lenders are afraid to pay much of a premium for higher mortgage rates because they are afraid that any decent recovery will lead to premature refinancing.

There are already more upfront costs on the average mortgage than there have been in years. Many of these are unavoidable as they are imposed by Fannie and Freddie for certain loan characteristics (credit score, equity, occupancy). That means that certain loans with a certain amount of upfront costs will simply leave your lender unable to offer you a higher rate with lower closing costs.

**What's the bottom line?**

Whereas lenders have almost always been able to quote you a higher rate in order to keep your closing costs lower, there are certain scenarios where there is simply no market for rates that high. In those cases, the only option is for you to pay much higher closing costs than you may have been expecting. In certain purchase scenarios, realtors and builders can take part in defraying those upfront costs, but the point is that it won't be the mortgage lender until the secondary market for mortgages gets back to a more stable trend.

What will it take for a return to normalcy? That will be an ongoing conversation, to be sure. We addressed big picture structural issues with rates last week. (Here's a link to the commentary). Next week, we will discuss the outlook for the rest of the year, and beyond.

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## Recent Economic Data

| Date | Event | Actual | Forecast | Prior |
|---|---|---|---|---|
| **Tuesday, Aug 15** | | | | |
| 8:30AM | Jul Retail Sales (%) | 0.7% | 0.4% | 0.3% |
| 8:30AM | Jul Import prices mm (%) | 0.4% | 0.2% | -0.1% |
| 8:30AM | Jul Export prices mm (%) | 0.7% | 0.2% | -0.7% |
| 8:30AM | Aug NY Fed Manufacturing | -19 | -1 | 1.1 |
| 10:00AM | Aug NAHB housing market indx | 50 | 56 | 56 |
| 10:00AM | Jun Business Inventories (% ) | 0% | 0.1% | 0% |
| **Wednesday, Aug 16** | | | | |
| 7:00AM | Aug/11 MBA Purchase Index | 149.5 | | 149.9 |
| 7:00AM | Aug/11 MBA Refi Index | 408.4 | | 416.1 |
| 8:30AM | Jul Building permits: number (ml) | 1.442M | 1.463M | 1.441M |
| 8:30AM | Jul Housing starts number mm (ml) | 1.452M | 1.448M | 1.398M |
| 9:15AM | Jul Industrial Production (%) | 1% | 0.3% | -0.8% |
| 2:00PM | FOMC Minutes | | | |
| **Thursday, Aug 17** | | | | |
| 8:30AM | Aug Philly Fed Business Index | 12 | -10 | -13.5 |
| 8:30AM | Aug/12 Jobless Claims (k) | 239K | 240K | 250K |
| 8:30AM | Aug Philly Fed Prices Paid | 20.8 | 10.1 | 9.5 |
| 10:00AM | Jul CB Leading Index MoM (%) | -0.4% | -0.4% | -0.7% |

## Event Importance:

No Stars = Insignificant
☆ Low
★ Moderate
★★ Important
★★ Very Important

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| Date | Event | Actual | Forecast | Prior |
|---|---|---|---|---|
| **Tuesday, Aug 22** | | | | |
| 10:00AM | Jul Existing home sales (ml) | 4.07M | 4.15M | 4.16M |
| **Wednesday, Aug 23** | | | | |
| 7:00AM | Aug/18 MBA Refi Index | 397.1 | | 408.4 |
| 7:00AM | Aug/18 MBA Purchase Index | 142 | | 149.5 |
| 9:45AM | Aug S&P Global Services PMI | 51 | 52.2 | 52.3 |
| 10:00AM | Jul New Home Sales (ml) | 0.714M | 0.705M | 0.684M |
| **Thursday, Aug 24** | | | | |
| 8:30AM | Jul Durable goods (%) | -5.2% | -4% | 4.7% |
| 8:30AM | Aug/19 Jobless Claims (k) | 230K | 240K | 239K |
| **Friday, Aug 25** | | | | |
| 10:00AM | Aug Consumer Sentiment (ip) | 69.5 | 71.2 | 71.6 |
| **Wednesday, Oct 18** | | | | |
| 1:00PM | 20-Yr Bond Auction (bl) | 13 | | |

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# About Me

I'm the Founder & CEO of World Home Loans, a mission-driven mortgage brokerage built with one purpose: to give consumers, especially Veterans, the respect, speed, and savings they deserve when financing a home.

Over the past 2 years, I've personally closed over 600 VA purchase loans and personally funded more than $375M in the past 12 months. Along the way, I learned that America's Veterans are too often underserved by big-box lenders—facing higher rates, slower closings, and a lack of genuine care. That's why I built World Home Loans.

Our Mission:
• To serve our Veterans by offering ultra-low mortgage rates and closing costs.
• To empower Veterans with the knowledge and resources needed to make informed home financing decisions.
• To stand against and eliminate the widespread overcharging of Veterans that has persisted in the mortgage industry for decades.

At World Home Loans, we back this mission with execution:
Faster closings (our average is 18 days)
Better pricing (consistently beating national averages)
White-glove experience that earns 5-star reviews at scale
A platform where top producers can 2–3X their volume through efficiency, brand power, and unmatched VA expertise.

With "Victory on the Home Front" as our rallying cry, World Home Loans is on course to become the dominant VA-focused lender in the country.

Alongside building WHL, I'm writing my book The Efficient Closer: Building a Mortgage Empire with Precision and Purpose—a playbook for originators who want to scale with speed, systems, and execution.

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